



# Longhorsley School News

## Spring Term

### February 2022 Newsletter



#### Children's Mental Health Week

Next week (7<sup>th</sup> - 13<sup>th</sup> February) is Children's Mental Health Week. We have a short activity planned each afternoon, linked to the theme "Growing Together". We will be encouraging the children to start thinking about wellbeing, what we need to help us grow and how small steps can help us reach our goals.



#### Swimming

After the February Half Term, Reception will be starting their swimming lessons at Willowburn. Please note, when Reception are swimming on a Tuesday they will be back at around 3.20pm due to the lesson not finishing until 2.45pm in Alnwick. Further information will be sent out in the next week or so.

We have booked an additional session for the Summer Term (after Easter) for Years 1 and 2 so they can continue their lessons, however these will be in Morpeth - more details to follow.



## COVID update

As you are probably aware, the school still has a significant number of positive cases. The self-isolation period has been reduced to 5 full days, with people, if they have had 2 negative lateral flow tests on days five and six, being able to leave isolation "at the start of day six".

Please continue to support us by ensuring the children are tested regularly and email us on [longhorsleyadmin@fedlongwhaltschools.uk](mailto:longhorsleyadmin@fedlongwhaltschools.uk) if your child tests positive.

## School Uniform

We now have a new supplier for our school uniform. We have sent details of all our requirements and as soon as our school web page has been created we will let you know and add the hyperlink to our school website.

## Robinwood - Year 4

Please ensure the forms that were sent out are completed and returned by today (Fri 4<sup>th</sup> Feb). Thank you to those of you who have already sent this information back.

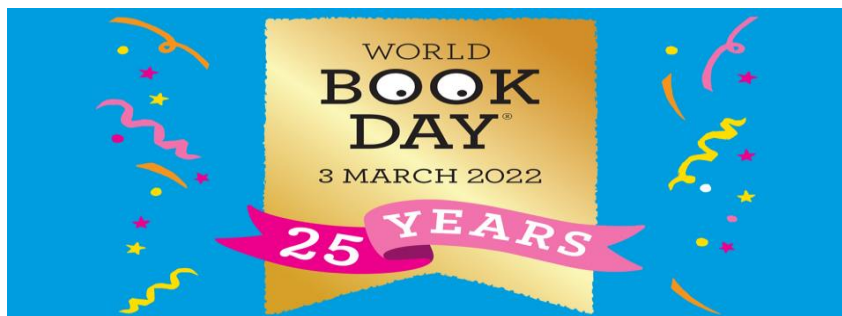
## Help!

We are still in desperate need of a qualified Accountant to sign off last year's accounts and also a plumber to help with the pipe coming out of Class 2's classroom!

If you could help with either of these and can spare us a bit of time then please do contact Mrs Fox in the School Office.

## World Book Day

It is the 25<sup>th</sup> Anniversary of World Book Day on Thursday 3<sup>rd</sup> March - more details to follow, watch this space!!



## Bikeability – Year 4

Bikeability is booked for Year 4 pupils on Friday 11<sup>th</sup> March. The Bikeability team will come in and give a 2-hour training session to all pupils (and they will have some spare bikes and helmets with them if required).

Please bring your child's bike (and helmet) into school on the 11<sup>th</sup> for this session.

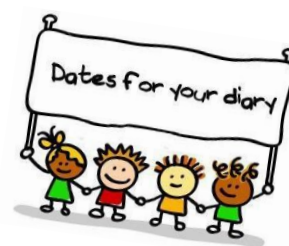
## Packed Lunch reminder

For those children choosing to bring a packed lunch in to school, please find below details of items that the children can bring:

### Packed lunches should include:

- ☺ at least one portion of fruit and/or one portion of vegetables every day;
- ☺ lean meat, fish, eggs or other source of non-dairy protein (e.g. lentils, kidney beans chickpeas, hummus, falafel) every day;
- ☺ oily fish;
- ☺ a starchy food such as wholemeal bread, wrap, pitta pocket, plain bread sticks, plain crackers, plain unsalted rice cakes, pasta, rice, couscous, noodles, potatoes or other type of cereals every day;
- ☺ dairy food such as milk, cheese, yoghurt, fromage frais or custard;
- ☺ a drink - only still water, unsweetened fruit juice, semi-skimmed or skimmed unflavoured milk, flavoured milk (occasionally as this has more added sugar than plain milk)

Please also remember to include cutlery (i.e. spoon for yoghurt, soup etc, fork for pasta etc) in your child's lunch box.



## Dates for your diary:

Swimming (Years 1 & 2):	Until 15 <sup>th</sup> February
Swimming (Reception):	From Tuesday 1 <sup>st</sup> March
Robinwood (Year 4):	Wednesday 16 <sup>th</sup> – Friday 18 <sup>th</sup> February
School breaks up for Half Term:	Friday 18 <sup>th</sup> February
School re-opens after Half Term:	Monday 28 <sup>th</sup> February
Bikeability (Year 4):	Friday 11 <sup>th</sup> March
School closes for Easter Break:	Friday 8 <sup>th</sup> April